



## Media Alert

FOR IMMEDIATE RELEASE  
January 10, 2011

FROM: Neighborly Care Network  
FOR MORE INFORMATION,  
CONTACT: Sandra Narron  
(727) 573-9444, ext 4210

TO: Editor

### **DESPERATELY NEEDED – VOLUNTEERS TO HELP FEED THE HUNGRY**

Volunteers are needed to deliver hot, nutritious meals to the homebound throughout Pinellas County. Volunteering for the Neighborly Meals on Wheels program is a hands-on, front line experience. If you have 1½ hours, midday, to help in your own neighborhood, you could help improve someone's life and make a real difference in this critical area of need. Meals are picked up at a site near you and delivered to the homebound in your area (maps and directions are provided).

Many Pinellas County seniors are living alone, too poor to buy food, or too frail to shop and cook for themselves. And the need is growing every day. Do someone else a favor and you will be doing yourself one! We are confident that if you try it once, you'll be back!

Neighborly needs compassionate, caring volunteers to share their time with lonely, isolated seniors. Please call Pat Hazell 727-573-9444, ext. 4190 to start helping your community today.

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